



RACE AGAINST VIOLENCE

Clinton County Women's Center 5th Annual Race Against Violence

BALD EAGLE STATE PARK – 149 MAIN ROAD, HOWARD, PA 16841

April 13, 2019, 10:00am - Pavilion 6

**Join us for a 3.6 mile trail run or 1.5 mile walk!
This family friendly event takes participants on a
3.6 mile or a 1.5 mile loop set in beautiful Bald Eagle State Park.
All proceeds benefit Clinton County Women's Center.
Race SWAG and snacks guaranteed to those pre-registered.**

Entry Fee: **\$25. Pre-Registered by March 30, 2019 to guarantee T-Shirt**
(items given to race participants)
\$30. thereafter, no guarantee of T-Shirt

Please send cash or checks to:

Clinton County Women's Center
Attn: Run Against Violence
34 West Main St.
Lock Haven, PA 17745

Race day registration starts at 8:30 a.m. at Pavilion 6

For more info contact: Lisa White: 570-295-2807 / lwhite8187@gmail.com

Last Name _____ First Name _____

Address _____ City _____ State _____ Zip _____

Phone _____ Email _____

Sex **M** **F** Date of Birth _____ Age on Race Day _____

Event (circle one) **1.5 mile walk** **3.6 mile run**

Waiver: I know that trail running is a potentially hazardous activity, which could cause injury or death. I should not enter and participate unless I am medically able and properly trained. I agree to abide by any decision of a race official relative to my ability to safely complete this event. I assume all risks associated with participating in this event, including but not limited to falls, contact with other participants, the effects of the weather, traffic and conditions of the trail, all such risks being known and appreciated by me. Knowing these facts, and in consideration of your accepting my entry fee, I hereby for myself and anyone entitled to act on my behalf, waive, release and discharge all rights and any claims which I may have against the Clinton County Women's Center, Bald Eagle State Park, all municipalities in which the event is held, the race director, volunteers, named and unnamed sponsors, or anyone associated in any way with this event. This includes any and all claims for liability for death, personal injury, and property damage of any kind arising out of, or in the course of, my participation in this event. This waiver extends to all claims of every kind or nature, foreseen or unforeseen, known or unknown.

BY SIGNING THIS I ATTEST THAT I HAVE READ, UNDERSTAND, AND AGREE TO THIS WAIVER.

SIGNATURE _____

DATE _____

SIGNATURE OF GUARDIAN (if under 18 yrs. old) _____

DATE _____